

© Julia Talcott



Island Marinade:

The best and most delicious marinade for fish ever tasted!

3 pound cut of your favorite fish:
salmon, halibut, swordfish are all great with this marinade.

- 1 1/2 cup unsweetened pineapple juice
- 1/4 cup soy sauce
- 3 Tablespoons brown sugar
- 1 Tablespoon sesame oil
- 2 teaspoons grated ginger root
- 1 1/2 teaspoon finely chopped garlic
- 1/2 teaspoon crushed red pepper
- 1/4 cup chopped green onions

Marinate fish all day, go to beach. Grill or broil for dinner. Serves 6.